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"I knew I had to get through my head to get to my body. Carr's book did that for me." Lori M, USA

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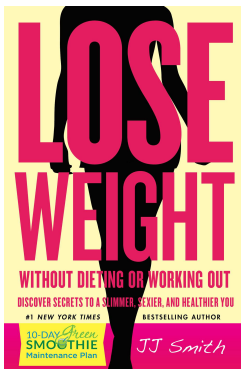
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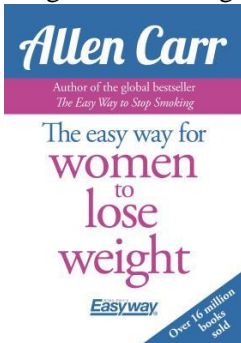
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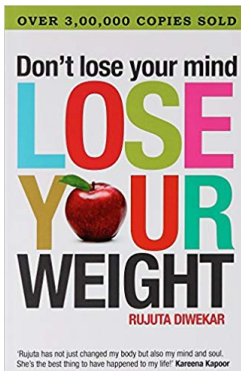
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